A PROPOSED RESOLUTION IN THE COUNCIL OF THE DISTRICT OF COLUMBIA To appoint Ms. Andreya Cracco to the Mayor's Council on Physical Fitness, Health, and Nutrition. RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019". Sec. 2. The Council of the District of Columbia appoints: Andreya Cracco 16 17th Street, N.E. Unit 312 Washington, DC 20002 (Ward 6) as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition, established by section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a term ending three years after the effective date of this resolution. Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the appointee, the chairperson of the Council, and to the Office of the Mayor. Sec. 4. This resolution shall take effect immediately upon the first date of publication in

the District of Columbia Register.

Andreya Cracco

EDUCATION

The George Washington University, Washington, D.C.

Master's Degree of Tourism Administration, May 2016

Concentration in Sport Management

University of Connecticut, Storrs, CT

Bachelors Degree of Science in Athletic Training, May 2014

Dean's List. Fall 2010

Athletic Training Honor Roll, Spring 2013 & Fall 2013

CERTIFIED ATHLETIC TRAINING EXPERIENCE

Georgetown University, Washington, D.C.

July 2016- Current

Associate Athletic Trainer

Supervisor: Shawn Hendi, MS, ATC

Primary Athletic Trainer responsible for the preventative care and treatment/rehabilitation for the women's basketball and sailing programs. Previously assigned to softball and football teams.

Collaborate with basketball operations staff to schedule pre/post game rest, recovery, nutrition and hydration

while traveling to maximize production on the playing court.

Responsible for the collection of pre-participation medical paperwork, and determining if student-athletes are cleared for competition or if further action needs be taken to ensure compliance.

George Washington University, Washington, D.C.

August 2014-May 2016

Graduate Assistant Athletic Trainer

Supervisor: Chris Hennelly, MA, ATC

Develop and implement daily athletic training services of thirty NCAA Division I women's lacrosse athletes as well as covering women's soccer, volleyball, and tennis events. These duties include the prevention, diagnosis, and treatment of athletic injuries.

Facilitate scheduling of appointments and collaborate with team physicians and medical professionals to

provide appropriate medical care.

Coordinate insurance coverage and pre-authorization requirements for medical procedures.

Washington Mystics, Washington, D.C.

May 2015-October 2015, April 2016

Athletic Training Intern

Supervisors: Emily Fortunato, MS, ATC & Navin Hettiarachchi, ATC/L, MSS

Collaborated in the development of treatment and strength and conditioning plans for professional women's basketball players.

Developed a more through understanding for Functional Movement Screening, soft tissue mobilization and Postural Restoration.

Facilitated the operation of the athletic training facility by maintaining inventory, organizing documentation and preparing for treatments.

ATHLETIC TRAINING STUDENT CLINICAL EXPERIENCE

UConn Women's Lacrosse, Storrs, CT

January 2013-April 2014

Athletic Training Student Trinity College, Football, Hartford, CT Preceptor: Samantha Raso, MS, ATC

Athletic Training Student

September 2013- December 2013 Preceptor: Justin LeDuc, ATC.

ESPN Wide World of Sports Complex, Kissimmee, FL

May 2013-August 2013

Athletic Training Intern

Supervisors: Jyl O'Brien-Williams, DHSc, MBA, ATC, LAT & Adam Kjosa MS, ATC

UConn Women's Basketball, Storrs, CT

September 2012-May 2013

Athletic Training Student

Preceptor: Rosemary Ragle, MS, ATC Gain travel experience by attending away games and tournament play, including the 2013 NCAA National Championships.

Athletic Training Student

January 2012-May 2012
Preceptor: Christina E. Martinelli, ATC, CSCS.

ATHLETIC TRAINING PER DIEM COVERAGE

Hoyas All-Skill Softball Camp, Washington D.C.

July 2017

Washington DC Gold Juniors Squash Tournament, Washington D.C.

May 2017

George Washington Club Sports, Washington, D.C.

November 2015- March 2016

George Washington Athletics Camps, Washington, D.C.

July 2015 & 2016, October 2015 & January 2016

Baseball, Lacrosse & Men's Soccer

July 2014

Kevin Ollie Basketball Camp, Storrs, CT Jim Calhoun Basketball Camp, (Athletic Training Student) Storrs, CT

July 2012

Ray Reid Soccer School, (Athletic Training Student) Storrs, CT

June 2012

SPORTS MEDICINE EXPERIENCE

Professional Development:

The Presicion Nutrition Level 1 Certification - currently pursuing*	August 2019*
The Derek Sheely Conference: Reducing Catastrophic Risk for Student-Athletes	May 2019
The Alliance for Intercollegiate Sports Medicine Symposium	May 2018
Postural Restoration Institute: Myokinamatic Restoration Course	July 2017
Reflexive Pattern Therapy Seminar	July 2017
Big East Mental Health Summit	June 2017
Concussion is Treatable: A Systematic Approach to Treating Concussions	May 2017
Medstar Sideline Emergencies Workshop	August 2016
The George Washington's Sports Medicine Seminar: Femoracetabular Impingem	ent December 2015
Marine Corps Marathon, Medical Volunteer	September 2014
National Athletic Trainers' Association Clinical Symposia & AT Expo	June 2014
Connecticut Athletic Trainers' Association Hit the Hill	March 2012, 2013 & 2014

Teaching Assistant

Evaluation of Extremities

January 2014-May 2014

November 2012 & 2013

Preceptor: Stephanie Mazerolle Ph.D., ATC/L

Taping and Bracing for Athletic Trainers

New England ACSM Annual Meeting

January 2013- May 2013

Preceptor: Kelly Pagnotta MS, ATC

PUBLICATIONS

Basketball injuries: caring for a basketball team, Current Sports Medicine Reports

September 2013

Contributing Author

Author: Thomas Trojian MD, FACSM

MEMBERSHIP/ CERTIFICATION

Certified Athletic Trainer (BOC258009)

National Athletic Training Association (Certification #51400)

Red Cross CPR/AED for Professional Rescuers and Health Care Providers

District Of Columbia Athletic Trainers' Association

Connecticut Athletic Training Association

UConn Athletic Training Society

May 2014- Present January 2012-Present November 2012-Present August 2014-Present January 2012-June 2016 January 2012- May 2014