COUNCIL OF THE DISTRICT OF COLUMBIA COMMITTEE OF THE WHOLE DRAFT COMMITTEE REPORT

1350 Pennsylvania Avenue, NW, Washington, DC 20004

TO: All Councilmembers

FROM: Chairman Phil Mendelson

Committee of the Whole

DATE: September 17, 2019

SUBJECT: Report on PR 23-397, "Mayor's Council on Physical Fitness, Health, and Nutrition

Andreya Cracco Appointment Resolution of 2019"

The Committee of the Whole, to which PR 23-397, "Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019" was referred, reports favorably thereon, and recommends approval by the Council.

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I. BACKGROUND AND NEED

On June 24, 2019, PR 23-397, the "Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019" was introduced by Chairman Mendelson. The purpose of PR 23-397 is to appoint Ms. Andreya Cracco as a Council appointee to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council") for a three-year term.

Ms. Cracco is a Ward 6 resident of the District of Columbia. Ms. Cracco received her Bachelor of Science in Athletic Training from the University of Connecticut and her Master of Science in Tourism Administration with a concentration in Sport Management from George Washington University. Ms. Cracco currently serves as an Associate Athletic Trainer for the Department of Athletics at Georgetown University. She is the primary athletic trainer responsible

for preventative care and treatment for the women's basketball and sailing programs. Her duties also include providing preventative services, emergency care, clinical diagnosis, therapeutic intervention, rehabilitation of injuries and medical conditions of patients. Previously, Ms. Cracco served as a Graduate Assistant Athletic Trainer at George Washington University and an Athletic Training Intern with the Washington Mystics. Ms. Cracco is a certified athletic trainer and is a member of the National Athletic Trainers' Association and the District of Columbia Athletic Trainers' Association. In addition, she is also pursuing a level one certification from Precision Nutrition.

The Mayor's Council was established as an advisory body in 2011 with the goal of promoting physical fitness and good nutrition in order to improve the health and wellness of District residents.¹ The legislation was necessary to address the high obesity rates in the District which translated into higher rates of chronic diseases and posed a significant financial strain on the health care infrastructure.² According to the Department of Health in 2007, 15 percent of deaths in the District were linked to excess weight, poor nutrition, and physical inactivity, and more District residents die each year due to obesity-related chronic disease than from AIDS, cancer, and homicide combined.³

The Department of Health still considers obesity to be a local epidemic. More than half of the adults living in the District are obese, and 72 percent of residents living in Wards 7 and 8 are considered obese. The Mayor's Council is essential to address these issues. Even though the District has the second lowest adult obesity rate in the country, the obesity rate has increased approximately 10 percent in the past 20 years. Further, the District's obesity rate for children aged 10 to 17 years old is the 18th highest in the nation. The Mayor's Council provides advice on ways the District can lower the obesity rate especially with regards to the obesity rate of youth residing in the District.

The Mayor's Council consists of 25-members, five of whom are appointed by the Council and 14 of whom are appointed by the Mayor. Appointed members of the Mayor's Council serve 3-year terms and shall have experience related to physical fitness, health, or nutrition. The Mayor of the District of Columbia, the Chancellor of the District of Columbia Public Schools, the Chair of the Public Charter School Board, and the Directors of the Department of Parks and Recreation, the Department of Aging, and the Department of Health or their designees also serves as members

¹ See Mayor's Council on Physical Fitness, Health and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121 et seq.).

² See Bill 19-34, Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, Report of the Committee on Health, 2 (July 7, 2011).

³ *Id*.

⁴ Obesity, DC Health, https://dchealth.dc.gov/service/obesity-overview (last visited August 20, 2019).

⁵ The State of Obesity in Washington, DC, The Robert Wood Johnson Foundation, https://www.stateofobesity.org/states/dc/ (last visited August 20, 2019).

⁶ Id.

⁷ See D.C. Official Code § 7-121(b).

⁸ *Id*.

of the Mayor's Council. ⁹ The Mayor is responsible for designating one of the members to serve as the Chairperson.

Table 1: Membership of the Mayor's Council on Physical Fitness, Health, and Nutrition

	Table 1: Membership of the Mayor's Council on Physical Fitness, Health, and Nutrition					
Resolution #	Position	Appointee	Term Expiring:			
PR 23-396	Proposed Council Appointee	Neal L. Downing	Three Years			
PR 23-397	Proposed Council Appointee	Andreya Cracco	Three Years			
PR 23-398	Proposed Council Appointee	Katrina Owens	Three Years			
PR 23-399	Proposed Council Appointee	Mary C. Lord	Three Years			
PR 23-400	Proposed Council Appointee	Rosalyn Overstreet Gonzalez	Three Years			
	Mayor of the District of Columbia or Designee	Vacant	n/a			
	Director of the Department of Parks and Recreation or Designee	Jason Millison	n/a			
	Chancellor of the District of Columbia Public Schools or Designee	Miriam Kenyon	n/a			
	Chair of the Public Charter School of Board or Designee	Robert Turner	n/a			
	Director of the Department of Aging or Designee	Jackie Geralnick	n/a			
	Director of the Department of Health or Designee	Amelia Peterson-Kosecki	n/a			
	Mayoral Appointee	Emile Simons	September 30, 2020			
	Mayoral Appointee	Shari Curtis	September 30, 2021			
	Mayoral Appointee	Lillie Monroe-Lord	September 30, 2021			
	Mayoral Appointee	Mary Tierney	September 30, 2021			
	Mayoral Appointee	Jennifer Leo	September 30, 2021			
	Mayoral Appointee	Courtney Puidk	September 30, 2021			
	Mayoral Appointee	Laela Shallal	September 30, 2021			
	Mayoral Appointee	Carrie Stoltzfus	September 30, 2021			
	Mayoral Appointee	Corey Redden	September 30, 2021			
	Mayoral Appointee	Sarah Roache	September 30, 2021			
	Mayoral Appointee	Greg Raleigh	September 30, 2021			
	Mayoral Appointee	Danette Thomas	September 30, 2021			
	Mayoral Appointee	Michelle Light	September 30, 2021			
	Mayoral Appointee	Vacant				

Ms. Cracco believes that she will be able to utilize her clinical experience and clinical decision-making skills to provide recommendations to the Mayor's Council to improve the health and wellbeing of District residents. Her current job requires her to educate student-athletes on the need for proper nutrition, and if appointed Ms. Cracco plans to use her expertise to help advise the Mayor's Council on the how to address the lack of education and misconception surrounding

⁹ *Id*

¹⁰ See Andreya Cracco, Nominee, Written Responses to the Committee of the Whole's Pre-Roundtable Questionnaire, Page 3, July 1, 2019. (Attached to Report).

nutrition and wellness programs.¹¹ Finally, Ms. Cracco wants to serve on the Mayor's Council to be able to serve her community and to help combat the growing rates of obesity.¹²

The Committee agrees with Ms. Cracco when she testified that her athletic training and sports medicine background will bring a unique perspective to the Mayor's Council. ¹³ In addition, she will be able to use her experience mentoring student-athletes about the importance of healthy eating habits to advise the Mayor's Council on strategies to facilitate healthier eating habits by District residents. ¹⁴ Ms. Cracco meets the statutory requirements to serve as a member of the Mayor's Council pursuant to D.C. Official Code § 7-121(b)(2)(ii)), as he has experience related to physical fitness and nutrition. The Committee recommends adoption of PR 23-397.

II. LEGISLATIVE CHRONOLOGY

June 24, 2019	PR 23-397, the "Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019" is introduced by Chairman Mendelson.
June 26, 2019	Notice of a Public Roundtable on PR 23-397 is filed with the Office of the Secretary.
June 28, 2019	Notice of Intent to Act on PR 23-397 is published in the <i>District of Columbia Register</i> .
July 2, 2019	The Committee of the Whole holds a public roundtable on PR 23-397.
July 9, 2019	PR 23-397 is "read" at a Committee of the Whole meeting and the referral to the Committee of the Whole is official.
September 17, 2019	The Committee of the Whole marks-up PR 23-397.

III. POSITION OF THE EXECUTIVE

Ms. Cracco is the Council's appointee to the Mayor's Council. The Executive provided no comment on Ms. Cracco's appointment.

IV. COMMENTS OF ADVISORY NEIGHBORHOOD COMMISSIONS

The Committee received no testimony or comments from any Advisory Neighborhood Commission on PR 23-397.

¹¹ *Id*.

 $^{^{12}}$ Andreya Cracco, Nominee, Testimony before the DC Council Committee of the Whole, 2, July 2, 2019. (Attached to Report).

¹³ *Id*.

¹⁴ *Id*.

V. SUMMARY OF TESTIMONY

The Committee of the Whole held a public roundtable on PR 23-397 (and 4 other nominations to the Mayor's Council and one unrelated PR) on Tuesday, July 2, 2019. The testimony summarized below is from that roundtable. A copy of Ms. Cracco's testimony is attached to this report.

Andreya Cracco, Appointee, testified and answered questions from Chairman Mendelson regarding her background and experience as it pertains to her interest in serving on the Mayor's Council on Physical Fitness, Health, and Nutrition.

VI. IMPACT ON EXISTING LAW

Members of the Mayor's Council on Physical Fitness, Health, and Nutrition appointed by the Council are appointed pursuant to section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), which established the Mayor's Council.

VII. FISCAL IMPACT

PR 23-397 will have no fiscal impact on the District of Columbia budget or financial plan. Pursuant to D.C. Official Code § 7-121(b)(3)(B)(iii), members of the Mayor's Council appointed by the Council and the Mayor are not entitled to compensation.

VIII. SECTION-BY-SECTION ANALYSIS

Section 1	States the short title of PR 23-397.
Section 2	Appoints Andreya Cracco as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition to serve for a term ending three years after the effective date of this resolution.
Section 3	Requires that a copy of the resolution, upon adoption, be transmitted to the appointee, the chairperson of the Mayor's Council, and to the Mayor.
Section 4	Provides that PR 23-397 shall take effect immediately upon the first date of publication in the District of Columbia Register.

IX. COMMITTEE ACTION

X. ATTACHMENTS

- 1. PR 23-397 as introduced.
- 2. Nominee's response to Committee questions.
- 3. Written testimony.
- 4. Legal sufficiency determination.
- 5. Committee Print for PR 23-397.

COUNCIL OF THE DISTRICT OF COLUMBIA 1350 Pennsylvania Avenue, N.W. Washington D.C. 20004

Memorandum

To: Members of the Council

From: Nyasha Smith, Secretary to the Council

Date: June 25, 2019

Subject: Referral of Proposed Legislation

Notice is given that the attached proposed legislation was introduced in the Office of the Secretary on Monday, June 24, 2019. Copies are available in Room 10, the Legislative Services Division.

TITLE: "Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019", PR23-0397

INTRODUCED BY: Chairman Mendelson

The Chairman is referring this legislation to the Committee of the Whole.

Attachment

cc: General Counsel Budget Director Legislative Services

A PROPOSED RESOLUTION IN THE COUNCIL OF THE DISTRICT OF COLUMBIA To appoint Ms. Andreya Cracco to the Mayor's Council on Physical Fitness, Health, and Nutrition. RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019". Sec. 2. The Council of the District of Columbia appoints: Andreya Cracco 16 17th Street, N.E. Unit 312 Washington, DC 20002 (Ward 6) as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition, established by section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a term ending three years after the effective date of this resolution. Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the appointee, the chairperson of the Council, and to the Office of the Mayor. Sec. 4. This resolution shall take effect immediately upon the first date of publication in

the District of Columbia Register.

Andreya Cracco

EDUCATION

The George Washington University, Washington, D.C.

Master's Degree of Tourism Administration, May 2016

Concentration in Sport Management

University of Connecticut, Storrs, CT

Bachelors Degree of Science in Athletic Training, May 2014

Dean's List. Fall 2010

Athletic Training Honor Roll, Spring 2013 & Fall 2013

CERTIFIED ATHLETIC TRAINING EXPERIENCE

Georgetown University, Washington, D.C.

July 2016- Current

Associate Athletic Trainer

Supervisor: Shawn Hendi, MS, ATC

Primary Athletic Trainer responsible for the preventative care and treatment/rehabilitation for the women's basketball and sailing programs. Previously assigned to softball and football teams.

Collaborate with basketball operations staff to schedule pre/post game rest, recovery, nutrition and hydration

while traveling to maximize production on the playing court.

Responsible for the collection of pre-participation medical paperwork, and determining if student-athletes are cleared for competition or if further action needs be taken to ensure compliance.

George Washington University, Washington, D.C.

August 2014-May 2016

Graduate Assistant Athletic Trainer

Supervisor: Chris Hennelly, MA, ATC

Develop and implement daily athletic training services of thirty NCAA Division I women's lacrosse athletes as well as covering women's soccer, volleyball, and tennis events. These duties include the prevention, diagnosis, and treatment of athletic injuries.

Facilitate scheduling of appointments and collaborate with team physicians and medical professionals to provide appropriate medical care.

Coordinate insurance coverage and pre-authorization requirements for medical procedures.

Washington Mystics, Washington, D.C.

May 2015-October 2015, April 2016

Athletic Training Intern

Supervisors: Emily Fortunato, MS, ATC & Navin Hettiarachchi, ATC/L, MSS

Collaborated in the development of treatment and strength and conditioning plans for professional women's basketball players.

Developed a more through understanding for Functional Movement Screening, soft tissue mobilization and Postural Restoration.

Facilitated the operation of the athletic training facility by maintaining inventory, organizing documentation and preparing for treatments.

ATHLETIC TRAINING STUDENT CLINICAL EXPERIENCE

UConn Women's Lacrosse, Storrs, CT

January 2013-April 2014

Athletic Training Student Trinity College, Football, Hartford, CT

Preceptor: Samantha Raso, MS, ATC September 2013- December 2013

Athletic Training Student

Preceptor: Justin LeDuc, ATC.

ESPN Wide World of Sports Complex, Kissimmee, FL

May 2013-August 2013

Athletic Training Intern

Supervisors: Jyl O'Brien-Williams, DHSc, MBA, ATC, LAT & Adam Kjosa MS, ATC

UConn Women's Basketball, Storrs, CT

September 2012-May 2013

Athletic Training Student

Preceptor: Rosemary Ragle, MS, ATC

Gain travel experience by attending away games and tournament play, including the 2013 NCAA National Championships.

Athletic Training Student

January 2012-May 2012 Preceptor: Christina E. Martinelli, ATC, CSCS.

ATHLETIC TRAINING PER DIEM COVERAGE

Hoyas All-Skill Softball Camp, Washington D.C. July 2017 May 2017

Washington DC Gold Juniors Squash Tournament, Washington D.C.

November 2015- March 2016

George Washington Club Sports, Washington, D.C. George Washington Athletics Camps, Washington, D.C.

July 2015 & 2016, October 2015 & January 2016

Baseball, Lacrosse & Men's Soccer

Kevin Ollie Basketball Camp, Storrs, CT

July 2014

Jim Calhoun Basketball Camp. (Athletic Training Student) Storrs, CT

July 2012

Ray Reid Soccer School, (Athletic Training Student) Storrs, CT

June 2012

SPORTS MEDICINE EXPERIENCE

Professional Development:

The Presicion Nutrition Level 1 Certification - currently pursuing* August 2019*

The Derek Sheely Conference: Reducing Catastrophic Risk for Student-Athletes May 2019

The Alliance for Intercollegiate Sports Medicine Symposium May 2018

Postural Restoration Institute: Myokinamatic Restoration Course July 2017

Reflexive Pattern Therapy Seminar July 2017

June 2017 Big East Mental Health Summit May 2017

Concussion is Treatable: A Systematic Approach to Treating Concussions Medstar Sideline Emergencies Workshop August 2016

The George Washington's Sports Medicine Seminar: Femoracetabular Impingement December 2015

Marine Corps Marathon, Medical Volunteer September 2014

National Athletic Trainers' Association Clinical Symposia & AT Expo June 2014

Connecticut Athletic Trainers' Association Hit the Hill March 2012, 2013 & 2014

New England ACSM Annual Meeting November 2012 & 2013

Teaching Assistant

Evaluation of Extremities

January 2014-May 2014

Preceptor: Stephanie Mazerolle Ph.D., ATC/L

Taping and Bracing for Athletic Trainers Preceptor: Kelly Pagnotta MS, ATC January 2013- May 2013

PUBLICATIONS

Basketball injuries: caring for a basketball team, Current Sports Medicine Reports

September 2013

Contributing Author

Author: Thomas Trojian MD, FACSM

MEMBERSHIP/ CERTIFICATION

Certified Athletic Trainer (BOC258009)

National Athletic Training Association (Certification #51400)

Red Cross CPR/AED for Professional Rescuers and Health Care Providers

District Of Columbia Athletic Trainers' Association

Connecticut Athletic Training Association

UConn Athletic Training Society

May 2014- Present January 2012-Present November 2012-Present August 2014-Present January 2012-June 2016 January 2012- May 2014



COUNCIL OF THE DISTRICT OF COLUMBIA 1350 PENNSYLVANIA AVENUE, N.W. WASHINGTON, D.C. 20004

Office: (202) 724-8032 Fax: (202) 724-8085

June 27, 2019

Andreya Cracco 16 17th Street, N.E., Unit 312 Washington, DC 20002

Dear Ms. Cracco:

Congratulations on being nominated for appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council"). As you know, the appointment is subject to confirmation by the Council. The Committee of the Whole has scheduled a public roundtable on your nomination for **Tuesday**, **July 2**, **2019** at **11:00** a.m. in **Hearing Room 412**. Enclosed is a copy of the roundtable notice. It is standard for the Council to submit questions to nominees. I request your response to the following questions no later than 9:30 a.m. Monday, July 1, 2019.

- 1. Please provide a copy of the Financial Disclosure Statement you filed with the Office of Campaign Finance or the Board of Ethics and Government Accountability. If you have not filed a Financial Disclosure Statement, please provide answers to questions 2-8 in lieu of that statement.
- 2. Please provide the name of each business entity transacting any business with the District Government in which you have a beneficial interest valued in excess of \$5,000, including publicly traded stock.
- 3. Please provide the name of each business entity transacting any business (including consulting) with the District Government from which you or your immediate family have received (or are receiving) income for services rendered in excess of \$1,000 during the past two years.
- 4. Please provide the name of each business entity transacting business with the District Government in which you or any member of your immediate family serves as an officer, director, partner, or agent. Also list the position(s) held, a brief description of the entity, and any other pertinent details.
- 5. Please provide the name of any lender and the amount of liability for each outstanding liability borrowed by you or any member of your immediate family in excess of \$5,000. Do not include loans from a federal or state insured or regulated financial institution, or from any business enterprise regularly engaged in the business of providing revolving credit or installment accounts.
- 6. Please list the location of all real property located in the District of Columbia in which you have an interest with a fair market value in excess of \$5,000.
- 7. Please list all professional and occupational licenses held by you.
- 8. Please list any professional organizations of which you are currently a member.



- 9. Please list all boards and commissions connected with the District government on which you are or have been a member, and include the term of service for each.
- 10. Please list any other boards (e.g. Boards of Directors of a non-profit) on which you are a member.
- 11. Do you have any outstanding liability for taxes, fees, or other payments to the District, federal, or other state or local governments, either contested or uncontested? If so, please provide documentation of attempts to pay the amount owed or to resolve the disputed claim.
- 12. Do you or any member of your immediate family have any interest, financial or otherwise, that may directly or indirectly pose a conflict of interest for you in performance of your duties as a member of the Mayor's Council?
- 13. Please describe any local political activity (i.e. the District of Columbia local elections or campaigns) that you have engaged in over the past <u>five</u> years, including any campaign contributions to a local candidate or political action committee.
- 14. Are you registered with any local, state, or federal government to lobby? If so, list the jurisdiction(s) in which you are registered.
- 15. Why have you agreed to serve, and how do you plan to help the Mayor's Council fulfill its role and mission during your time on the Mayor's Council?
- 16. Please discuss any past and present experiences not already mentioned that you believe are relevant to support your appointment as a member of the Mayor's Council.

At the July 2nd roundtable, you will be asked to make an opening statement indicating your interest in serving as a member of the Mayor's Council. The testimony of persons interested in supporting your nomination is helpful but not necessary. Interested parties may call the Committee office to register to testify (724-8196) or, alternatively, may submit written comments to the Committee regarding your nomination via letter mail or e-mail (COW@dccouncil.us).

If you have any questions please do not hesitate to call me or Peter Johnson on my staff at (202) 724-8083.

Sincerely, Menul

Phil Mendelson

Chairman

enc.

PM/pj

The Honorable Phil Mendelson Chairman, Council of the District of Columbia 1350 Pennsylvania Avenue NW, Suite 504 Washington, D.C. 20004

Dear Chairman Mendelson.

Thank you for considering my nomination for appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council"). I look forward to meeting you on Tuesday, July 2nd for the public roundtable. Below are my responses to the requested pre-roundtable questions.

- 1. Please provide a copy of the Financial Disclosure Statement you filed with the Office of Campaign Finance or the Board of Ethics and Government Accountability. If you have not filed a Financial Disclosure Statement, please provide answers to questions 2-8 in lieu of that statement.
 - i. I have not filed a Financial Disclosure statement. I will provide answer questions 2-8.
- 2. Please provide the name of each business entity transacting any business with the District Government in which you have a beneficial interest valued in excess of \$5,000, including publicly traded stock.

i. None

- 3. Please provide the name of each business entity transacting any business (including consulting) with the District Government from which you or your immediate family have received (or are receiving) income for services rendered in excess of \$1,000 during the past two years.
 - i. I am currently employed by Georgetown University and have received income in excess of \$1,000 during the past two years.
- 4. Please provide the name of each business entity transacting business with the District Government in which you or any member of your immediate family serves as an officer, director, partner, or agent. Also list the position(s) held, a brief description of the entity, and any other pertinent details.
 - i. I am currently employee by Georgetown University as Associate Athletic Trainer for the Department of Athletics. Georgetown University is a private Jesuit and Catholic research university that was founded in 1789 and comprises undergraduate, graduate and professional degrees.
- 5. Please provide the name of any lender and the amount of liability for each outstanding liability borrowed by you or any member of your immediate family in excess of \$5,000. Do not include loans from a federal or state insured or regulated financial institution, or from any business enterprise regularly engaged in the business of providing revolving credit or installment accounts.
 - i. None.

- 6. Please list the location of all real property located in the District of Columbia in which you have an interest with a fair market value in excess of \$5,000.
 - i. 16 17th St NE, Unit 312, Washington, DC 20002
- 7. Please list all professional and occupational licenses held by you.
 - i. None. (The District of Columbia does not currently require licensure for athletic trainers.)
- 8. Please list any professional organizations of which you are currently a member.
 - i. National Athletic Trainers' Association
 - ii. District of Columbia Athletic Trainers' Association
 - iii. Board of Certification, Inc. (BOC) Certified
- 9. Please list all boards and commissions connected with the District government on which you are or have been a member, and include the term of service for each.
 - i. None.
- 10. Please list any other boards (e.g. Boards of Directors of a non-profit) on which you are a member.
 - i. None.
- 11. Do you have any outstanding liability for taxes, fees, or other payments to the District, federal, or other state or local governments, either contested or uncontested? If so, please provide documentation of attempts to pay the amount owed or to resolve the disputed claim.
 - i. No.
- 12. Do you or any member of your immediate family have any interest, financial or otherwise, that may directly or indirectly pose a conflict of interest for you in performance of your duties as a member of the Mayor's Council?
 - i. No.
- 13. Please describe any local political activity (i.e. the District of Columbia local elections or campaigns) that you have engaged in over the past <u>five</u> years, including any campaign contributions to a local candidate or political action committee.
 - i. None.
- 14. Are you registered with any local, state, or federal government to lobby? If so, list the jurisdiction(s) in which you are registered.
 - i. None.

- 15. Why have you agreed to serve, and how do you plan to help the Mayor's Council fulfill its role and mission during your time on the Mayor's Council?
 - i. I am honored to be nominated as a member of the Mayor's Council and intend to utilize my professional experience and expertise as I propose my recommendations to the council. This is my first experience being nominated to a public role and I believe that this will be an opportunity for me to give back to my community. The District has established this council to better the health and wellbeing of our community and I am excited to be involved in this most important initiative. An athletic trainer, I provide patients with preventative services emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. I will be able to utilize this clinical expertise and my clinical decision making skills to improve the current state of our community. I vow to serve the District of Columbia fully and honorably. If given the opportunity, I look forward to collaborating with other professionals to cultivate new ideas and develop standards that would benefit the rest of the country.
- 16. Please discuss any past and present experiences not already mentioned that you believe are relevant to support your appointment as a member of the Mayor's Council.
 - i. In my role as an athletic trainer, I work with student-athletes to ensure that they are competing and training in the safest and smartest manner possible. It is my responsibility to educate and guide student-athletes on how to prevent illnesses and injuries utilizing proper therapeutic exercises, hydration and nutrition. Working with a college aged population, provides me a clear prospective into gaps that are identified when leaving home for the first time. Miseducation or lack of education in nutrition and wellness are common. This is an area I can positively influence resulting in peak athletic and classroom success.

Once again, thank you for considering me and feel free to reach out if you have any questions.

Sincerely,

Andreya Cracco

Testimony of Andreya Cracco

Committee of the Whole Public Roundtable

on

PR 23-397, Mayor's Council on Physical Fitness, Health, and Nutrition Andreya Cracco Appointment Resolution of 2019

July 2, 2019

Good morning Chairman Mendelson, members of the committee, and staff. My name is Andreya Cracco and I am here today to testify on PR 23-397 and my proposed appointment to the Mayor's Council on Physical Fitness, Health and Nutrition (Mayor's Council).

Thank you for inviting me speak today. I am honored and humbled to be nominated to the Mayor's council. I truly believe that it is ones duty to serve their community and I take this nomination as my calling to give back to the place I call home. I have submitted my completed responses to the Committee's pre-roundtable questions for the record.

In 2014, I relocated from Connecticut to the District to complete a Graduate Assistantship program with the sports medicine department at George Washington University. Upon successful completion of my graduate degree from the GW School of Business, I accepted a position as Assistant Athletic Trainer at Georgetown University. I am in accordance with the Board of Certification and in good standing and member of the National Athletic Trainers' Association. At the end of last year, my fiancé and I purchased our first home together in the Lincoln Park neighborhood.

To clarify, my responsibilities differ from that of a personal trainer. As an athletic trainer my duties include providing preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions of patients. Specifically over

the past three years at Georgetown, I work with student-athletes to ensure that they are participating in their sport in a safe and healthy manner. It is my responsibility to educate and guide student-athletes on illness prevention and injury strategies utilizing proper therapeutic exercises, hydration, and nutrition in an attempt to maximize overall wellbeing. My athletic training and sports medicine background as well as my proven ability to coordinate an effective complex sports medicine team would be bring a unique prospective to the Council.

Earlier this year, I was promoted to the position of Associate Athletic Trainer and assigned to women's basketball and sailing teams. My advancement demonstrates my dedication and commitment to the wellness of our student-athletes. If given the opportunity, I will exhibit the same devotion to the Mayor's Council full term.

Daily I coordinate nutritious meals and educate staff and student-athletes regarding the importance of healthy eating habits. Mentoring student-athletes regarding healthy life style choices is a major responsibility of the sports medicine department. It is often too easy to grab the empty calorie meal at the dining hall. In my role I attempt to influence these decisions by presenting research as well as strategies to facilitate healthier eating habits. Healthy eating is a challenge that Division I student- athletes as well as all of our nation encounters each day.

Working in collaboration with the other members of the Mayor's Council to combat the national epidemic growing rates of obesity would be a privilege. I appreciate the gravity of the situation, and would like the opportunity to make a difference on the eating habits of our DC residents

Thank you for taking the time to listen to my testimony. I would be happy to answer any questions.

1	DRAFT COMMITTEE PRINT
2	Committee of the Whole
3	September 17, 2019
4	
5	
6	
7	A PROPOSED RESOLUTION
8	
9	23-397
10	
11	
12 13	IN THE COUNCIL OF THE DISTRICT OF COLUMBIA
13	
14	
15 16	To appoint Ms. Andreya Cracco to the Mayor's Council on Physical Fitness, Health, and
17	Nutrition.
18	Nutrition.
19	RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
- /	112002 22 21 1112 0001 012 01 1112 2 10 1110 1 01 002 01 1212 11 1 1 1
20	resolution may be cited as the "Mayor's Council on Physical Fitness, Health, and Nutrition
21	Andreya Cracco Appointment Resolution of 2019".
22	Sec. 2. The Council of the District of Columbia appoints:
23	Andreya Cracco
24	17 th Street, N.E.
24 25	Washington, DC 20002
26	(Ward 6)
27	
28	as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition, established by
29	section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of
30	2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a
31	term ending three years after the effective date of this resolution.
32	Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
33	upon its adoption, to the appointee, the chairperson of the Mayor's Council, and to the Office of
34	the Mayor.
35	Sec. 4. This resolution shall take effect immediately upon the first date of publication in
36	the District of Columbia Register.