

**COUNCIL OF THE DISTRICT OF COLUMBIA
COMMITTEE OF THE WHOLE
DRAFT COMMITTEE REPORT**

1350 Pennsylvania Avenue, NW, Washington, DC 20004

TO: All Councilmembers

FROM: Chairman Phil Mendelson
Committee of the Whole

DATE: September 17, 2019

SUBJECT: Report on PR 23-398, “Mayor’s Council on Physical Fitness, Health, and Nutrition Katrina Owens Appointment Resolution of 2019”

The Committee of the Whole, to which PR 23-398, “Mayor’s Council on Physical Fitness, Health, and Nutrition Katrina Owens Appointment Resolution of 2019” was referred, reports favorably thereon, and recommends approval by the Council.

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I. BACKGROUND AND NEED

On June 24, 2019, PR 23-398, the “Mayor’s Council on Physical Fitness, Health, and Nutrition Katrina Owens Appointment Resolution of 2019” was introduced by Chairman Mendelson. The purpose of PR 23-398 is to appoint Ms. Katrina Owens as a Council appointee to the Mayor’s Council on Physical Fitness, Health, and Nutrition (“Mayor’s Council”) for a three-year term.

Ms. Owens is a Ward 4 resident of the District of Columbia. Ms. Owens received her Bachelor of Science from Eastern Mennonite University and her Master of Science from George Mason University. She currently serves as the Chief of Staff for DC Scores. In this role, Ms. Owens oversees, develops, and manages partnerships that supports over 3,000 participants. In addition, she is responsible for all finances and budget developments for DC Scores. Before

joining DC Scores, Ms. Owens was a District of Columbia Public School Teacher. Ms. Owens is also a member of the Healthy Youth and School Committee and the Ward 4 Arts, Humanities, and Creative Economy Committee.

The Mayor's Council was established as an advisory body in 2011 with the goal of promoting physical fitness and good nutrition in order to improve the health and wellness of District residents.¹ The legislation was necessary to address the high obesity rates in the District which translated into higher rates of chronic diseases and posed a significant financial strain on the health care infrastructure.² According to the Department of Health in 2007, 15 percent of deaths in the District were linked to excess weight, poor nutrition, and physical inactivity, and more District residents die each year due to obesity-related chronic disease than from AIDS, cancer, and homicide combined.³

The Department of Health still considers obesity to be a local epidemic. More than half of the adults living in the District are obese, and 72 percent of residents living in Wards 7 and 8 are considered obese.⁴ The Mayor's Council is essential to address these issues. Even though the District has the second lowest adult obesity rate in the country, the obesity rate has increased approximately 10 percent in the past 20 years.⁵ Further, the District's obesity rate for children aged 10 to 17 years old is the 18th highest in the nation.⁶ The Mayor's Council provides advice on ways the District can lower the obesity rate especially with regards to the obesity rate of youth residing in the District.

The Mayor's Council consists of 25-members, five of whom are appointed by the Council and 14 of whom are appointed by the Mayor.⁷ Appointed members of the Mayor's Council serve 3-year terms and shall have experience related to physical fitness, health, or nutrition.⁸ The Mayor of the District of Columbia, the Chancellor of the District of Columbia Public Schools, the Chair of the Public Charter School Board, and the Directors of the Department of Parks and Recreation, the Department of Aging, and the Department of Health or their designees also serves as members of the Mayor's Council.⁹ The Mayor is responsible for designating one of the members to serve as the Chairperson.

¹ See Mayor's Council on Physical Fitness, Health and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121 *et seq.*).

² See Bill 19-34, Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, Report of the Committee on Health, 2 (July 7, 2011).

³ *Id.*

⁴ Obesity, DC Health, <https://dchealth.dc.gov/service/obesity-overview> (last visited August 20, 2019).

⁵ The State of Obesity in Washington, DC, The Robert Wood Johnson Foundation, <https://www.stateofobesity.org/states/dc/> (last visited August 20, 2019).

⁶ *Id.*

⁷ See D.C. Official Code § 7-121(b).

⁸ *Id.*

⁹ *Id.*

Table 1: Membership of the Mayor’s Council on Physical Fitness, Health, and Nutrition

Resolution #	Position	Appointee	Term Expiring:
<i>PR 23-396</i>	<i>Proposed Council Appointee</i>	<i>Neal L. Downing</i>	<i>Three Years</i>
<i>PR 23-397</i>	<i>Proposed Council Appointee</i>	<i>Andreya Cracco</i>	<i>Three Years</i>
<i>PR 23-398</i>	<i>Proposed Council Appointee</i>	<i>Katrina Owens</i>	<i>Three Years</i>
<i>PR 23-399</i>	<i>Proposed Council Appointee</i>	<i>Mary C. Lord</i>	<i>Three Years</i>
<i>PR 23-400</i>	<i>Proposed Council Appointee</i>	<i>Rosalyn Overstreet Gonzalez</i>	<i>Three Years</i>
	Mayor of the District of Columbia or Designee	Vacant	n/a
	Director of the Department of Parks and Recreation or Designee	Jason Millison	n/a
	Chancellor of the District of Columbia Public Schools or Designee	Miriam Kenyon	n/a
	Chair of the Public Charter School of Board or Designee	Robert Turner	n/a
	Director of the Department of Aging or Designee	Jackie Geralnick	n/a
	Director of the Department of Health or Designee	Amelia Peterson-Kosecki	n/a
	Mayoral Appointee	Emile Simons	September 30, 2020
	Mayoral Appointee	Shari Curtis	September 30, 2021
	Mayoral Appointee	Lillie Monroe-Lord	September 30, 2021
	Mayoral Appointee	Mary Tierney	September 30, 2021
	Mayoral Appointee	Jennifer Leo	September 30, 2021
	Mayoral Appointee	Courtney Puidk	September 30, 2021
	Mayoral Appointee	Laela Shallal	September 30, 2021
	Mayoral Appointee	Carrie Stoltzfus	September 30, 2021
	Mayoral Appointee	Corey Redden	September 30, 2021
	Mayoral Appointee	Sarah Roache	September 30, 2021
	Mayoral Appointee	Greg Raleigh	September 30, 2021
	Mayoral Appointee	Danette Thomas	September 30, 2021
	Mayoral Appointee	Michelle Light	September 30, 2021
	Mayoral Appointee	Vacant	

As a member of the Mayor’s Council Ms. Owens plans to work with other members to improve the health and wellness of all District residents through the promotion of physical activity and healthy eating.¹⁰ She believes that her unique background as a former teacher, a current District of Columbia Public School parent, and as Chief of Staff of DC Scores will help prepare her to support the mission of the Mayor’s Council.¹¹ Ms. Owens testified that during her entire professional career she has worked with families to create opportunities for young people to participate in organized sports to get physically fit.¹²

The Committee believes that Ms. Owens’ extensive experience working with youth to ensure that they have the proper resources to lead a healthy and fit life would be a positive addition to the Mayor’s Council. Furthermore, the Committee supports Ms. Owens’ belief that creating a

¹⁰ Katrina Owens, Nominee, Testimony before the DC Council Committee of the Whole, 1, July 2, 2019.

¹¹ *Id.*

¹² *Id.*

system for young people to learn and find success requires them to make healthy lifestyle decisions.¹³ Moreover, Ms. Owens meets the statutory requirements to serve as a member of the Mayor’s Council pursuant to D.C. Official Code § 7-121(b)(2)(ii), as she has experience related to physical fitness. The Committee recommends adoption of PR 23-398.

II. LEGISLATIVE CHRONOLOGY

- June 24, 2019 PR 23-398, the “Mayor’s Council on Physical Fitness, Health, and Nutrition Katrina Owens Appointment Resolution of 2019” is introduced by Chairman Mendelson.
- June 26, 2019 Notice of a Public Roundtable on PR 23-398 is filed with the Office of the Secretary.
- June 28, 2019 Notice of Intent to Act on PR 23-398 is published in the *District of Columbia Register*.
- July 2, 2019 The Committee of the Whole holds a public roundtable on PR 23-398.
- July 9, 2019 PR 23-398 is “read” at a Committee of the Whole meeting and the referral to the Committee of the Whole is official.
- September 17, 2019 The Committee of the Whole marks-up PR 23-398.

III. POSITION OF THE EXECUTIVE

Ms. Owens is the Council’s appointee to the Mayor’s Council. The Executive provided no comment on Ms. Owens’ appointment.

IV. COMMENTS OF ADVISORY NEIGHBORHOOD COMMISSIONS

The Committee received no testimony or comments from any Advisory Neighborhood Commission on PR 23-398.

V. SUMMARY OF TESTIMONY

The Committee of the Whole held a public roundtable on PR 23-398 (and 4 other nominations to the Mayor’s Council and one unrelated PR) on Tuesday, July 2, 2019. The testimony summarized below is from that roundtable. A copy of Ms. Owens’ testimony is attached to this report.

¹³ Katrina Owens, Nominee, Testimony before the DC Council Committee of the Whole, 2, July 2, 2019 (Attached to the Report).

Katrina Owens, Appointee, testified and answered questions from Chairman Mendelson regarding her background and experience as it pertains to her interest in serving on the Mayor's Council on Physical Fitness, Health, and Nutrition.

VI. IMPACT ON EXISTING LAW

Members of the Mayor's Council on Physical Fitness, Health, and Nutrition appointed by the Council are appointed pursuant to section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), which established the Mayor's Council.

VII. FISCAL IMPACT

PR 23-398 will have no fiscal impact on the District of Columbia budget or financial plan. Pursuant to D.C. Official Code § 7-121(b)(3)(B)(iii), members of the Mayor's Council appointed by the Council and the Mayor are not entitled to compensation.

VIII. SECTION-BY-SECTION ANALYSIS

<u>Section 1</u>	States the short title of PR 23-398.
<u>Section 2</u>	Appoints Katrina Owens as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition to serve for a term ending three years after the effective date of this resolution.
<u>Section 3</u>	Requires that a copy of the resolution, upon adoption, be transmitted to the appointee, the chairperson of the Mayor's Council, and to the Mayor.
<u>Section 4</u>	Provides that PR 23-398 shall take effect immediately upon the first date of publication in the District of Columbia Register.

IX. COMMITTEE ACTION

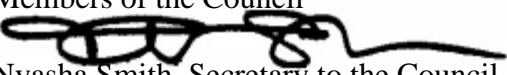
X. ATTACHMENTS

1. PR 23-398 as introduced.
2. Nominee's response to Committee questions.
3. Written testimony.
4. Legal sufficiency determination.
5. Committee Print for PR 23-398.

COUNCIL OF THE DISTRICT OF COLUMBIA
1350 Pennsylvania Avenue, N.W.
Washington D.C. 20004

Memorandum

To : Members of the Council

From : 
Nyasha Smith, Secretary to the Council

Date : June 25, 2019

Subject : Referral of Proposed Legislation

Notice is given that the attached proposed legislation was introduced in the Office of the Secretary on Monday, June 24, 2019. Copies are available in Room 10, the Legislative Services Division.

TITLE: "Mayor's Council on Physical Fitness, Health, and Nutrition Katrina Owens Appointment Resolution of 2019", PR23-0398

INTRODUCED BY: Chairman Mendelson

The Chairman is referring this legislation to the Committee of the Whole.

Attachment

cc: General Counsel
Budget Director
Legislative Services


Chairman Phil Mendelson

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7 A PROPOSED RESOLUTION

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10 IN THE COUNCIL OF THE DISTRICT OF COLUMBIA
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13
14 To appoint Ms. Katrina Owens to the Mayor's Council on Physical Fitness, Health, and
15 Nutrition.

16
17 RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
18 resolution may be cited as the "Mayor's Council on Physical Fitness, Health, and Nutrition
19 Katrina Owens Appointment Resolution of 2019".

20 Sec. 2. The Council of the District of Columbia appoints:

21 Katrina Owens
22 Quincy Street, N.W.
23 Washington, DC 20011
24 (Ward 4)
25

26 as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition, established by
27 section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of
28 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a
29 term ending three years after the effective date of this resolution.

30 Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
31 upon its adoption, to the appointee, the chairperson of the Council, and to the Office of the
32 Mayor.

33 Sec. 4. This resolution shall take effect immediately upon the first date of publication in
34 the District of Columbia Register.

KATRINA OWENS

WORK EXPERIENCE

DC SCORES, Washington, DC

Chief of Staff

2015-Present

- Establish and lead all partnership development including strong relationships with over 60 public and public charter schools, government officials, and other youth serving sports based non-profit organizations
- Oversee, develop, and manage partnerships that support our program outcomes for all 3,000 current participants including greater physical fitness, increased sense of belonging, and an increased sense of self-worth
- Manage all finances and budget development for our \$2.8 million organization
- Manage compliance for all grants including foundations and government
- Oversee all operations and overall organization culture and goal setting
- Develop and cultivate the DC SCORES Board of Directors

Senior Director of Programs

2011-2015

- Oversaw and managed all program activities for DC SCORES youth participants including soccer, poetry, and service-learning
- Created and led the implementation of programmatic vision, goals, and outcomes directly impacting our young participants physical health and connection to school
- Led youth development and conflict resolution workshops for staff, the America SCORES network, and youth development non-profits in the District

Middle School Program Director

2006-2011

- Created and lead the organization's expansion into middle school programming from 5 pilot schools to 17 participating schools
- Developed the middle school poetry and service-learning curricula and contributed to the America SCORES national curricula
- Initiated and developed the DC SCORES alumni network
- Utilized the sport of soccer to provide relationship building programming for DC students of different ethnic background, culture

DISTRICT OF COLUMBIA PUBLIC SCHOOLS, Washington, DC

Instructional Specialist

2005-2006

- Created an individualized tutoring program to meet the unique needs of students that includes eleven teachers and over seventy students.
- Organized, collected, and analyzed assessments from every student in grade K-8t to develop curriculum and tutoring plans

SEEDS OF PEACE CAMP, Otisfield, ME

Facilitator and Counselor

Summer of 2006, 2004, & 2000

- Facilitated daily dialogue sessions with groups of young people from Israel, Palestine, Egypt, Jordan, and Portland fostering political, cultural, and religious understanding
- Cultivated relationships between children of different cultural and ethnic backgrounds to break stereotypes present in their homeland
- Led and developed relationship-building activities that promoted understanding through sports, theatre, and reflection

DISTRICT OF COLUMBIA PUBLIC SCHOOLS, Washington, DC

Public School Teacher

2002-2005

TEACH FOR AMERICA, Washington, DC

Corps Member

2002-2004

- Taught fourth graders working to achieve academic success at Fletcher-Johnson Education Campus
- Elected to two school leadership committees and attended professional development seminars taught by leading educational researchers in language arts curricula development and differentiated teaching
- Served as a corps member of a national service corps dedicated to providing excellent educational opportunities to all children
- Integrated various cultural and socially conscious curricula into the classroom

CENTER FOR RESTORATIVE JUSTICE, Millersburg, OH

Mediator

Summer 2003, 2001-2002

- Mediated juvenile and adult court-referred cases involving theft, arson, and truancy while building positive relationships between the community and organization
- Presented, co-led, and planned victim-offender mediation informational session presented to the Ohio Judicial College

MENNONITE CENTRAL COMMITTEE, Kingston, Jamaica W.I.

Administrative Assistant, Jamaicans for Justice

2000-2001

- Researched, developed, and managed a system for tracking human rights abuse cases within the Jamaican legal system
- Assisted with legal responses to specific cases of constitutional and human rights abuses, communicated with membership, trained volunteers, and wrote grant proposals

EDUCATION

GEORGE MASON UNIVERSITY, Fairfax, VA

Masters of Science, Conflict Analysis and Resolution

May 2006 (3.9/4.0)

EASTERN MENNONITE UNIVERSITY, Harrisonburg, VA

Bachelor of Science, Liberal Arts

Concentration in History, Minor in Political Science and Business Administration

Cross-Cultural Program: Middle East, spring 1998

Graduated Cum Laude, May 2000 (3.7/4.0)



COUNCIL OF THE DISTRICT OF COLUMBIA
1350 PENNSYLVANIA AVENUE, N.W.
WASHINGTON, D.C. 20004

Phil Mendelson
Chairman

Office: (202) 724-8032
Fax: (202) 724-8085

June 27, 2019

Katrina Owens
1305 Quincy Street, N.W.
Washington, DC 20011

Dear Ms. Owens:

Congratulations on being nominated for appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council"). As you know, the appointment is subject to confirmation by the Council. The Committee of the Whole has scheduled a public roundtable on your nomination for **Tuesday, July 2, 2019 at 11:00 a.m. in Hearing Room 412**. Enclosed is a copy of the roundtable notice. It is standard for the Council to submit questions to nominees. I request your response to the following questions no later than 9:30 a.m. Monday, July 1, 2019.

1. Please provide a copy of the Financial Disclosure Statement you filed with the Office of Campaign Finance or the Board of Ethics and Government Accountability. If you have not filed a Financial Disclosure Statement, please provide answers to questions 2-8 in lieu of that statement.
2. Please provide the name of each business entity transacting any business with the District Government in which you have a beneficial interest valued in excess of \$5,000, including publicly traded stock.
3. Please provide the name of each business entity transacting any business (including consulting) with the District Government from which you or your immediate family have received (or are receiving) income for services rendered in excess of \$1,000 during the past two years.
4. Please provide the name of each business entity transacting business with the District Government in which you or any member of your immediate family serves as an officer, director, partner, or agent. Also list the position(s) held, a brief description of the entity, and any other pertinent details.
5. Please provide the name of any lender and the amount of liability for each outstanding liability borrowed by you or any member of your immediate family in excess of \$5,000. Do not include loans from a federal or state insured or regulated financial institution, or from any business enterprise regularly engaged in the business of providing revolving credit or installment accounts.
6. Please list the location of all real property located in the District of Columbia in which you have an interest with a fair market value in excess of \$5,000.
7. Please list all professional and occupational licenses held by you.
8. Please list any professional organizations of which you are currently a member.

9. Please list all boards and commissions connected with the District government on which you are or have been a member, and include the term of service for each.
10. Please list any other boards (e.g. Boards of Directors of a non-profit) on which you are a member.
11. Do you have any outstanding liability for taxes, fees, or other payments to the District, federal, or other state or local governments, either contested or uncontested? If so, please provide documentation of attempts to pay the amount owed or to resolve the disputed claim.
12. Do you or any member of your immediate family have any interest, financial or otherwise, that may directly or indirectly pose a conflict of interest for you in performance of your duties as a member of the Mayor's Council?
13. Please describe any local political activity (i.e. the District of Columbia local elections or campaigns) that you have engaged in over the past five years, including any campaign contributions to a local candidate or political action committee.
14. Are you registered with any local, state, or federal government to lobby? If so, list the jurisdiction(s) in which you are registered.
15. Why have you agreed to serve, and how do you plan to help the Mayor's Council fulfill its role and mission during your time on the Mayor's Council?
16. Please discuss any past and present experiences not already mentioned that you believe are relevant to support your appointment as a member of the Mayor's Council.

At the July 2nd roundtable, you will be asked to make an opening statement indicating your interest in serving as a member of the Mayor's Council. The testimony of persons interested in supporting your nomination is helpful but not necessary. Interested parties may call the Committee office to register to testify (724-8196) or, alternatively, may submit written comments to the Committee regarding your nomination via letter mail or e-mail (COW@dccouncil.us).

If you have any questions please do not hesitate to call me or Peter Johnson on my staff at (202) 724-8083.

Sincerely



Phil Mendelson
Chairman

enc.

PM/pj

June 27, 2019

Katrina Owens
1305 Quincy Street, N.W.
Washington, DC 20011

Dear Ms. Owens:

Congratulations on being nominated for appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council"). As you know, the appointment is subject to confirmation by the Council. The Committee of the Whole has scheduled a public roundtable on your nomination for **Tuesday, July 2, 2019 at 11:00 a.m. in Hearing Room 412**. Enclosed is a copy of the roundtable notice. It is standard for the Council to submit questions to nominees. I request your response to the following questions no later than 9:30 a.m. Monday, July 1, 2019.

1. Please provide a copy of the Financial Disclosure Statement you filed with the Office of Campaign Finance or the Board of Ethics and Government Accountability. If you have not filed a Financial Disclosure Statement, please provide answers to questions 2-8 in lieu of that statement.
2. Please provide the name of each business entity transacting any business with the District Government in which you have a beneficial interest valued in excess of \$5,000, including publicly traded stock.

n/a

3. Please provide the name of each business entity transacting any business (including consulting) with the District Government from which you or your immediate family have received (or are receiving) income for services rendered in excess of \$1,000 during the past two years.

n/a

4. Please provide the name of each business entity transacting business with the District Government in which you or any member of your immediate family serves as an officer, director, partner, or agent. Also list the position(s) held, a brief description of the entity, and any other pertinent details.

n/a

5. Please provide the name of any lender and the amount of liability for each outstanding liability borrowed by you or any member of your immediate family in excess of \$5,000. Do not include

loans from a federal or state insured or regulated financial institution, or from any business enterprise regularly engaged in the business of providing revolving credit or installment accounts.

n/a

6. Please list the location of all real property located in the District of Columbia in which you have an interest with a fair market value in excess of \$5,000.

My husband and I own our home located at 1305 Quincy St, NW Washington, DC 20011.

7. Please list all professional and occupational licenses held by you.

n/a

8. Please list any professional organizations of which you are currently a member.

The HealthyYouth and School Committee: Physical Activity Subcommittee

The Ward 4 Arts, Humanities, and Creative Economy Committee

9. Please list all boards and commissions connected with the District government on which you are or have been a member, and include the term of service for each.

n/a

10. Please list any other boards (e.g. Boards of Directors of a non-profit) on which you are a member.

n/a

11. Do you have any outstanding liability for taxes, fees, or other payments to the District, federal, or other state or local governments, either contested or uncontested? If so, please provide documentation of attempts to pay the amount owed or to resolve the disputed claim.

none

12. Do you or any member of your immediate family have any interest, financial or otherwise, that may directly or indirectly pose a conflict of interest for you in performance of your duties as a member of the Mayor's Council?

no

13. Please describe any local political activity (i.e. the District of Columbia local elections or campaigns) that you have engaged in over the past five years, including any campaign contributions to a local candidate or political action committee.

none

14. Are you registered with any local, state, or federal government to lobby? If so, list the jurisdiction(s) in which you are registered.

none

15. Why have you agreed to serve, and how do you plan to help the Mayor's Council fulfill its role and mission during your time on the Mayor's Council?

I am honored to serve on the Mayor's Council and work to fulfill its mission. My unique background throughout the past 17 years working with young people in the District provides me with the experience to impact and support the Mayor's Council. Throughout the last 17 years I have been working to create systems and opportunities for young people to learn and find success. A huge component of this process is creating ways for kids to get physically fit and make healthy lifestyle choices. During my time as a teacher in DCPS and working at DC SCORES, I have seen families and young people positively impacted by programming that supports the social, emotional, and physical health. The physical and social-emotional health benefits of participation in organized sports are well-documented including reduction of current and future health problems, reduction in health-risk behaviors, greater emotional adjustment, including higher self-confidence and body image acceptance, and protection against clinical mental health disorders, including depression. Throughout my entire professional career I have been working to break down barriers and provide young people with opportunities to participate in organized sports, deeply engage in their school community, and get physically fit. I look forward to supporting the Mayor's Council by continuing this work and seeking ways we to improve the health and wellness of all District residents.

16. Please discuss any past and present experiences not already mentioned that you believe are relevant to support your appointment as a member of the Mayor's Council.

I was a DC Public School teacher before joining DC SCORES full time in 2006. Since 2006 I have worked with thousands of families in the District as their young people play soccer, write poetry, and impact their community through service learning projects.

At the July 2nd roundtable, you will be asked to make an opening statement indicating your interest in serving as a member of the Mayor's Council. The testimony of persons interested in supporting your nomination is helpful but not necessary. Interested parties may call the Committee office to register to testify (724-8196) or, alternatively, may submit written comments to the Committee regarding your nomination via letter mail or e-mail (COW@dccouncil.us).

If you have any questions please do not hesitate to call me or Peter Johnson on my staff at (202) 724-8083.

Sincerely,

Phil Mendelson
Chairman

enc.

PM/pj

Opening Statement by Katrina Owens
Mayor's Council on Physical Fitness, Health, and Nutrition
July 2, 2019

Good morning, I am Katrina Owens, resident of ward 4. I am honored to be considered for the appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition. Thank you to Chairman Mendelson and the rest of the Council for considering my name for this position. If confirmed, I am excited to work with the other appointees to improve the health and wellness of all District residents through physical activity and healthy eating.

I believe that my unique background as a former DCPS teacher, current DCPS parent, and position at DC SCORES prepares me to support and carry out the mission of this council. Over the past 17 years I have worked with thousands of District families to provide opportunities for kids to get physically fit, find their own voice, and to celebrate their achievements with their families and school communities.

The physical and social-emotional health benefits of participation in organized sports and high quality afterschool programming are well-documented, including: the reduction of current and future health problems, reduction in health-risk behaviors, greater emotional adjustment--including higher self-confidence and body image acceptance, and protection against clinical mental health disorders--including depression. Throughout my entire professional career, I have been working to break down barriers so that all young people--regardless of family income--have opportunities to participate in organized sports, deeply engage in their school community, and get physically fit. I look forward to supporting the Mayor's Council by continuing this work and seeking ways to improve the health and wellness of all District residents.

1 **DRAFT COMMITTEE PRINT**

2 Committee of the Whole

3 September 17, 2019

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6
7 **A PROPOSED RESOLUTION**

8
9 **23-398**

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11
12 **IN THE COUNCIL OF THE DISTRICT OF COLUMBIA**

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14
15
16 To appoint Ms. Katrina Owens to the Mayor’s Council on Physical Fitness, Health, and
17 Nutrition.

18
19 **RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this**
20 resolution may be cited as the “Mayor’s Council on Physical Fitness, Health, and Nutrition
21 Katrina Owens Appointment Resolution of 2019”.

22 **Sec. 2. The Council of the District of Columbia appoints:**

23 **Katrina Owens**
24 **Quincy Street, N.W.**
25 **Washington, DC 20011**
26 **(Ward 4)**

27
28 as a member of the Mayor’s Council on Physical Fitness, Health, and Nutrition, established by
29 section 2 of the Mayor’s Council on Physical Fitness, Health, and Nutrition Establishment Act of
30 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a
31 term ending three years after the effective date of this resolution.

32 **Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,**
33 **upon its adoption, to the appointee, the chairperson of the Mayor’s Council, and to the Office of**
34 **the Mayor.**

35 **Sec. 4. This resolution shall take effect immediately upon the first date of publication in**
36 **the District of Columbia Register.**