

**COUNCIL OF THE DISTRICT OF COLUMBIA
COMMITTEE OF THE WHOLE
DRAFT COMMITTEE REPORT**

1350 Pennsylvania Avenue, NW, Washington, DC 20004

TO: All Councilmembers

FROM: Chairman Phil Mendelson
Committee of the Whole

DATE: September 17, 2019

SUBJECT: Report on PR 23-400, “Mayor’s Council on Physical Fitness, Health, and Nutrition Rosalyn Overstreet Gonzalez Appointment Resolution of 2019”

The Committee of the Whole, to which PR 23-400, “Mayor’s Council on Physical Fitness, Health, and Nutrition Rosalyn Overstreet Gonzalez Appointment Resolution of 2019” was referred, reports favorably thereon, and recommends approval by the Council.

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I. BACKGROUND AND NEED

On June 24, 2019, PR 23-400, the “Mayor’s Council on Physical Fitness, Health, and Nutrition Rosalyn Overstreet Gonzalez Appointment Resolution of 2019” was introduced by Chairman Mendelson. The purpose of PR 23-400 is to appoint Ms. Rosalyn Overstreet Gonzalez as a Council appointee to the Mayor’s Council on Physical Fitness, Health, and Nutrition (“Mayor’s Council”) for a three-year term.

Ms. Gonzalez is a Ward 1 resident of the District of Columbia. Ms. Gonzalez received her Bachelor of Arts from Howard University and her Juris Doctor from the University of the District of Columbia David A. Clarke School of Law. She is a member of the DC Bar, the Pennsylvania Bar, and the Black Public Defender Association. Ms. Gonzalez currently serves as a Staff Attorney and Recruitment and Training Coordinator for the Public Defender Service for the District of

Columbia. Her work for the Public Defender Service includes representing indigent clients before the U.S. Parole Commission and the Superior Court of the District of Columbia, and developing training courses and materials for attorneys and law students in conjunction with the DC Bar. In addition, she serves as the Chairwoman of the DC State Athletics Commission and Chair of the Board of Directors of the College Trunk. She is also a Board member for the Multicultural Career Internship Program, the Light the Way Foundation, CentroNia, and the Educational Foundation of the Whittemore House.

The Mayor's Council was established as an advisory body in 2011 with the goal of promoting physical fitness and good nutrition in order to improve the health and wellness of District residents.¹ The legislation was necessary to address the high obesity rates in the District which translated into higher rates of chronic diseases and posed a significant financial strain on the health care infrastructure.² According to the Department of Health in 2007, 15 percent of deaths in the District were linked to excess weight, poor nutrition, and physical inactivity, and more District residents die each year due to obesity-related chronic disease than from AIDS, cancer, and homicide combined.³

The Department of Health still considers obesity to be a local epidemic. More than half of the adults living in the District are obese, and 72 percent of residents living in Wards 7 and 8 are considered obese.⁴ The Mayor's Council is essential to address these issues. Even though the District has the second lowest adult obesity rate in the country, the obesity rate has increased approximately 10 percent in the past 20 years.⁵ Further, the District's obesity rate for children aged 10 to 17 years old is the 18th highest in the nation.⁶ The Mayor's Council provides advice on ways the District can lower the obesity rate especially with regards to the obesity rate of youth residing in the District.

The Mayor's Council consists of 25-members, five of whom are appointed by the Council and 14 of whom are appointed by the Mayor.⁷ Appointed members of the Mayor's Council serve 3-year terms and shall have experience related to physical fitness, health, or nutrition.⁸ The Mayor of the District of Columbia, the Chancellor of the District of Columbia Public Schools, the Chair of the Public Charter School Board, and the Directors of the Department of Parks and Recreation, the Department of Aging, and the Department of Health or their designees also serves as members of the Mayor's Council.⁹ The Mayor is responsible for designating one of the members to serve as the Chairperson.

¹ See Mayor's Council on Physical Fitness, Health and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121 *et seq.*).

² See Bill 19-34, Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, Report of the Committee on Health, 2 (July 7, 2011).

³ *Id.*

⁴ Obesity, DC Health, <https://dchealth.dc.gov/service/obesity-overview> (last visited August 20, 2019).

⁵ The State of Obesity in Washington, DC, The Robert Wood Johnson Foundation, <https://www.stateofobesity.org/states/dc/> (last visited August 20, 2019).

⁶ *Id.*

⁷ See D.C. Official Code § 7-121(b).

⁸ *Id.*

⁹ *Id.*

Table 1: Membership of the Mayor’s Council on Physical Fitness, Health, and Nutrition

Resolution #	Position	Appointee	Term Expiring:
<i>PR 23-396</i>	<i>Proposed Council Appointee</i>	<i>Neal L. Downing</i>	<i>Three Years</i>
<i>PR 23-397</i>	<i>Proposed Council Appointee</i>	<i>Andreya Cracco</i>	<i>Three Years</i>
<i>PR 23-398</i>	<i>Proposed Council Appointee</i>	<i>Katrina Owens</i>	<i>Three Years</i>
<i>PR 23-399</i>	<i>Proposed Council Appointee</i>	<i>Mary C. Lord</i>	<i>Three Years</i>
<i>PR 23-400</i>	<i>Proposed Council Appointee</i>	<i>Rosalyn Overstreet Gonzalez</i>	<i>Three Years</i>
	Mayor of the District of Columbia or Designee	Vacant	n/a
	Director of the Department of Parks and Recreation or Designee	Jason Millison	n/a
	Chancellor of the District of Columbia Public Schools or Designee	Miriam Kenyon	n/a
	Chair of the Public Charter School of Board or Designee	Robert Turner	n/a
	Director of the Department of Aging or Designee	Jackie Geralnick	n/a
	Director of the Department of Health or Designee	Amelia Peterson-Kosecki	n/a
	Mayoral Appointee	Emile Simons	September 30, 2020
	Mayoral Appointee	Shari Curtis	September 30, 2021
	Mayoral Appointee	Lillie Monroe-Lord	September 30, 2021
	Mayoral Appointee	Mary Tierney	September 30, 2021
	Mayoral Appointee	Jennifer Leo	September 30, 2021
	Mayoral Appointee	Courtney Puidk	September 30, 2021
	Mayoral Appointee	Laela Shallal	September 30, 2021
	Mayoral Appointee	Carrie Stoltzfus	September 30, 2021
	Mayoral Appointee	Corey Redden	September 30, 2021
	Mayoral Appointee	Sarah Roache	September 30, 2021
	Mayoral Appointee	Greg Raleigh	September 30, 2021
	Mayoral Appointee	Danette Thomas	September 30, 2021
	Mayoral Appointee	Michelle Light	September 30, 2021
	Mayoral Appointee	Vacant	

If appointed, Ms. Gonzalez will work with the Mayor’s Council on creating strategies and meaningful tools that will allow District residents to focus on their own health, nutrition physical fitness, and wellness.¹⁰ Ms. Gonzalez wants to serve because she believes in the Mayor Council’s mission to improve the health, physical fitness, and nutrition for all District residents.¹¹ As a public defender she has seen the detrimental impact outcomes for individuals who lack adequate information regarding health and nutrition and she plans to address this issue as a member of the Mayor’s Council.¹²

¹⁰ Rosalyn Overstreet Gonzalez, Nominee, Testimony before the DC Council Committee of the Whole, 1, July 2, 2019.

¹¹ See Rosalyn Overstreet Gonzalez, Nominee, Written Responses to the Committee of the Whole’s Pre-Roundtable Questionnaire, Page 3, July 1, 2019. (Attached to Report).

¹² *Supra* note 10.

The Committee believes that Ms. Gonzalez’s experience as a supporter of athletics and health education will be a welcomed addition to the Mayor’s Council. Moreover, Ms. Gonzalez’s role on the DC State Athletics Commission which requires her to focus on the academics, health, and wellness of DC student-athletes will translate well to the work she will complete on the Mayor’s Council. Also, Ms. Gonzalez meets the statutory requirements to serve as a member of the Mayor’s Council pursuant to D.C. Official Code § 7-121(b)(2)(ii), as she has experience related to physical fitness and health. For the reasons stated above, the Committee recommends adoption of PR 23-400.

II. LEGISLATIVE CHRONOLOGY

June 24, 2019	PR 23-400, the “Mayor’s Council on Physical Fitness, Health, and Nutrition Rosalyn Overstreet Gonzalez Appointment Resolution of 2019” is introduced by Chairman Mendelson.
June 26, 2019	Notice of a Public Roundtable on PR 23-400 is filed with the Office of the Secretary.
June 28, 2019	Notice of Intent to Act on PR 23-400 is published in the <i>District of Columbia Register</i> .
July 2, 2019	The Committee of the Whole holds a public roundtable on PR 23-400.
July 9, 2019	PR 23-400 is “read” at a Committee of the Whole meeting and the referral to the Committee of the Whole is official.
September 17, 2019	The Committee of the Whole marks-up PR 23-400.

III. POSITION OF THE EXECUTIVE

Ms. Gonzalez is the Council’s appointee to the Mayor’s Council. The Executive provided no comment on Ms. Gonzalez’s appointment.

IV. COMMENTS OF ADVISORY NEIGHBORHOOD COMMISSIONS

The Committee received no testimony or comments from any Advisory Neighborhood Commission on PR 23-400.

V. SUMMARY OF TESTIMONY

The Committee of the Whole held a public roundtable on PR 23-400 (and 4 other nominations to the Mayor’s Council and one unrelated PR) on Tuesday, July 2, 2019. The

testimony summarized below is from that roundtable. A copy of Ms. Gonzalez's testimony is attached to this report.

Rosalyn Overstreet Gonzalez, Appointee, testified and answered questions from Chairman Mendelson regarding her background and experience as it pertains to her interest in serving on the Mayor's Council on Physical Fitness, Health, and Nutrition.

VI. IMPACT ON EXISTING LAW

Members of the Mayor's Council on Physical Fitness, Health, and Nutrition appointed by the Council are appointed pursuant to section 2 of the Mayor's Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), which established the Mayor's Council.

VII. FISCAL IMPACT

PR 23-400 will have no fiscal impact on the District of Columbia budget or financial plan. Pursuant to D.C. Official Code § 7-121(b)(3)(B)(iii), members of the Mayor's Council appointed by the Council and the Mayor are not entitled to compensation.

VIII. SECTION-BY-SECTION ANALYSIS

- | | |
|------------------|--|
| <u>Section 1</u> | States the short title of PR 23-400. |
| <u>Section 2</u> | Appoints Rosalyn Overstreet Gonzalez as a member of the Mayor's Council on Physical Fitness, Health, and Nutrition to serve for a term ending three years after the effective date of this resolution. |
| <u>Section 3</u> | Requires that a copy of the resolution, upon adoption, be transmitted to the appointee, the chairperson of the Mayor's Council, and to the Mayor. |
| <u>Section 4</u> | Provides that PR 23-400 shall take effect immediately upon the first date of publication in the District of Columbia Register. |

IX. COMMITTEE ACTION

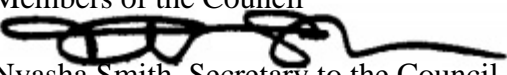
X. ATTACHMENTS

1. PR 23-400 as introduced.
2. Nominee's response to Committee questions.
3. Written testimony.
4. Legal sufficiency determination.
5. Committee Print for PR 23-400.

COUNCIL OF THE DISTRICT OF COLUMBIA
1350 Pennsylvania Avenue, N.W.
Washington D.C. 20004

Memorandum

To : Members of the Council

From : 
Nyasha Smith, Secretary to the Council

Date : June 25, 2019

Subject : Referral of Proposed Legislation

Notice is given that the attached proposed legislation was introduced in the Office of the Secretary on Monday, June 24, 2019. Copies are available in Room 10, the Legislative Services Division.

TITLE: "Mayor's Council on Physical Fitness, Health, and Nutrition Rosalyn Overstreet Gonzalez Appointment Resolution of 2019", PR23-0400

INTRODUCED BY: Chairman Mendelson

The Chairman is referring this legislation to the Committee of the Whole.

Attachment

cc: General Counsel
Budget Director
Legislative Services


Chairman Phil Mendelson

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A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To appoint Ms. Rosalyn Overstreet Gonzalez to the Mayor’s Council on Physical Fitness, Health, and Nutrition.

RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the “Mayor’s Council on Physical Fitness, Health, and Nutrition Rosalyn Overstreet Gonzalez Appointment Resolution of 2019”.

Sec. 2. The Council of the District of Columbia appoints:

Rosalyn Overstreet Gonzalez
Clifton Street, N.W.
Washington, DC 20009
(Ward 1)

as a member of the Mayor’s Council on Physical Fitness, Health, and Nutrition, established by section 2 of the Mayor’s Council on Physical Fitness, Health, and Nutrition Establishment Act of 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a term ending three years after the effective date of this resolution.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the appointee, the chairperson of the Council, and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately upon the first date of publication in the District of Columbia Register.

Rosalyn Overstreet Gonzalez, Esq.

CAREER HIGHLIGHTS

- ❖ 20+ years as volunteer coach, league president, consultant and supporter of athletics/health education
- ❖ Supervising attorney, recruiter, senior advisor and strategist
- ❖ Significant experience supervising graduate students and junior staff members
- ❖ Proven leadership in managing external partnerships with foundations, think tanks and private industry
- ❖ Experienced negotiator of favorable outcomes for clients

WORK EXPERIENCE

Chairwoman

DC State Athletics Commission (DCSAC)
Washington, DC

11/17 - Present

- Work with committee to create the Commission's governing rules codified at 5-A DCMR, Chapter 27
- Hold quarterly public meetings of the full Commission
- Preside over statutory Athletic Appeals Panels
- Review and approve travel and expense authorizations for members of the State Athletic Association
- Collaborate with fellow commissioners to enhance and improve the role and responsibility of the DCSAC

Chair, Board of Directors

The College Trunk
Washington, DC

6/11 - Present

- Work with members of the Board of Directors to identify deserving college bound students
- Provide underprivileged students with assistance in obtaining dorm room essentials
- Lead fundraising activities to support unexpected college expenses

Staff Attorney/Recruitment and Training Coordinator

The Public Defender Service for the District of Columbia
Washington, DC

4/94 - Present

- Represent indigent clients accused of crimes in the District of Columbia before the United States Parole Commission and local courts
- Develop training courses and materials for members of the bar and law students in conjunction with the DC Bar
- Former member of Director's Management Advisory Council

EDUCATION

Juris Doctor, the District of Columbia School of Law

Washington, DC

Bachelor of Arts, Howard University

Washington, DC

Diploma, The Culture and Heritage of Spain, Universidad de San Juan de la Penitencia

Toledo, Spain

AWARDS, RECOGNITION AND VOLUNTEER ACTIVITIES

Board Member, Multicultural Career Internship Program

Washington, DC

Board Member, Light the Way Foundation

Washington, DC

Board Member, CentroNia

Washington, DC

Board Member, Educational Foundation of the Whittemore House

Washington, DC



COUNCIL OF THE DISTRICT OF COLUMBIA
1350 PENNSYLVANIA AVENUE, N.W.
WASHINGTON, D.C. 20004

Phil Mendelson
Chairman

Office: (202) 724-8032
Fax: (202) 724-8085

June 27, 2019

Rosalyn Overstreet Gonzalez
1215 Clifton Street, N.W.
Washington, DC 20009

Dear Ms. Gonzalez:

Congratulations on being nominated for appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council"). As you know, the appointment is subject to confirmation by the Council. The Committee of the Whole has scheduled a public roundtable on your nomination for **Tuesday, July 2, 2019 at 11:00 a.m. in Hearing Room 412**. Enclosed is a copy of the roundtable notice. It is standard for the Council to submit questions to nominees. I request your response to the following questions no later than 9:30 a.m. Monday, July 1, 2019.

1. Please provide a copy of the Financial Disclosure Statement you filed with the Office of Campaign Finance or the Board of Ethics and Government Accountability. If you have not filed a Financial Disclosure Statement, please provide answers to questions 2-8 in lieu of that statement.
2. Please provide the name of each business entity transacting any business with the District Government in which you have a beneficial interest valued in excess of \$5,000, including publicly traded stock.
3. Please provide the name of each business entity transacting any business (including consulting) with the District Government from which you or your immediate family have received (or are receiving) income for services rendered in excess of \$1,000 during the past two years.
4. Please provide the name of each business entity transacting business with the District Government in which you or any member of your immediate family serves as an officer, director, partner, or agent. Also list the position(s) held, a brief description of the entity, and any other pertinent details.
5. Please provide the name of any lender and the amount of liability for each outstanding liability borrowed by you or any member of your immediate family in excess of \$5,000. Do not include loans from a federal or state insured or regulated financial institution, or from any business enterprise regularly engaged in the business of providing revolving credit or installment accounts.
6. Please list the location of all real property located in the District of Columbia in which you have an interest with a fair market value in excess of \$5,000.
7. Please list all professional and occupational licenses held by you.
8. Please list any professional organizations of which you are currently a member.

9. Please list all boards and commissions connected with the District government on which you are or have been a member, and include the term of service for each.
10. Please list any other boards (e.g. Boards of Directors of a non-profit) on which you are a member.
11. Do you have any outstanding liability for taxes, fees, or other payments to the District, federal, or other state or local governments, either contested or uncontested? If so, please provide documentation of attempts to pay the amount owed or to resolve the disputed claim.
12. Do you or any member of your immediate family have any interest, financial or otherwise, that may directly or indirectly pose a conflict of interest for you in performance of your duties as a member of the Mayor's Council?
13. Please describe any local political activity (i.e. the District of Columbia local elections or campaigns) that you have engaged in over the past five years, including any campaign contributions to a local candidate or political action committee.
14. Are you registered with any local, state, or federal government to lobby? If so, list the jurisdiction(s) in which you are registered.
15. Why have you agreed to serve, and how do you plan to help the Mayor's Council fulfill its role and mission during your time on the Mayor's Council?
16. Please discuss any past and present experiences not already mentioned that you believe are relevant to support your appointment as a member of the Mayor's Council.

At the July 2nd roundtable, you will be asked to make an opening statement indicating your interest in serving as a member of the Mayor's Council. The testimony of persons interested in supporting your nomination is helpful but not necessary. Interested parties may call the Committee office to register to testify (724-8196) or, alternatively, may submit written comments to the Committee regarding your nomination via letter mail or e-mail (COW@dccouncil.us).

If you have any questions please do not hesitate to call me or Peter Johnson on my staff at (202) 724-8083.

Sincerely,



Phil Mendelson
Chairman

enc.

PM/pj

June 27, 2019

Rosalyn Overstreet Gonzalez
1215 Clifton Street, N.W.
Washington, DC 20009

Dear Ms. Gonzalez:

Congratulations on being nominated for appointment to the Mayor's Council on Physical Fitness, Health, and Nutrition ("Mayor's Council"). As you know, the appointment is subject to confirmation by the Council. The Committee of the Whole has scheduled a public roundtable on your nomination for **Tuesday, July 2, 2019 at 11:00 a.m. in Hearing Room 412**. Enclosed is a copy of the roundtable notice. It is standard for the Council to submit questions to nominees. I request your response to the following questions no later than 9:30 a.m. Monday, July 1, 2019.

1. Please provide a copy of the Financial Disclosure Statement you filed with the Office of Campaign Finance or the Board of Ethics and Government Accountability. If you have not filed a Financial Disclosure Statement, please provide answers to questions 2-8 in lieu of that statement.

Please see answers to questions 2-8 below.

2. Please provide the name of each business entity transacting any business with the District Government in which you have a beneficial interest valued in excess of \$5,000, including publicly traded stock.

I do not have a beneficial interest in excess of \$5,000 or publicly traded stock, with any business entity transacting business with the District of Columbia Government.

3. Please provide the name of each business entity transacting any business (including consulting) with the District Government from which you or your immediate family have received (or are receiving) income for services rendered in excess of \$1,000 during the past two years.

There is no business entity with which I or any member of my family transacts any business (including consulting) with the District of Columbia Government from which I/they have received income for services in excess of \$1,000.00.

4. Please provide the name of each business entity transacting business with the District Government in which you or any member of your immediate family serves as an officer, director, partner, or agent. Also list the position(s) held, a brief description of the entity, and any other pertinent details.

There are none.

5. Please provide the name of any lender and the amount of liability for each outstanding liability borrowed by you or any member of your immediate family in excess of \$5,000. Do not include

loans from a federal or state insured or regulated financial institution, or from any business enterprise regularly engaged in the business of providing revolving credit or installment accounts.

There are none.

6. Please list the location of all real property located in the District of Columbia in which you have an interest with a fair market value in excess of \$5,000.

1215 Clifton Street, NW, Washington, DC 20009

7. Please list all professional and occupational licenses held by you.

I hold licenses to practice law in the District of Columbia, Pennsylvania and the US Supreme Court

8. Please list any professional organizations of which you are currently a member.

District of Columbia Bar, Pennsylvania Bar, Black Public Defender Association

9. Please list all boards and commissions connected with the District government on which you are or have been a member, and include the term of service for each.

DC State Athletics Commission, Chair - Four year term (2017 – 2021)

10. Please list any other boards (e.g. Boards of Directors of a non-profit) on which you are a member.

Urban Health Media Project, Board Chair; Light the Way Foundation, Board Member; CentroNia, Board Member; Multicultural Career Internship Program, Board Member; Educational Foundation of the Woman's National Democratic Club, Board Member

11. Do you have any outstanding liability for taxes, fees, or other payments to the District, federal, or other state or local governments, either contested or uncontested? If so, please provide documentation of attempts to pay the amount owed or to resolve the disputed claim.

I have an outstanding bill for taxes owed to the Federal Government (\$6,200.00) I have made arrangements to have it paid by year's end. (Documentation not available – but forthcoming).

12. Do you or any member of your immediate family have any interest, financial or otherwise, that may directly or indirectly pose a conflict of interest for you in performance of your duties as a member of the Mayor's Council?

No

13. Please describe any local political activity (i.e. the District of Columbia local elections or campaigns) that you have engaged in over the past five years, including any campaign contributions to a local candidate or political action committee.

I made a campaign contribution of \$100.00 to the campaign of Frazier O'Leary, who ran for and won the seat for the State Board of Education for Ward 4.

14. Are you registered with any local, state, or federal government to lobby? If so, list the jurisdiction(s) in which you are registered.

I am not a registered lobbyist with any local, state, or federal government.

15. Why have you agreed to serve, and how do you plan to help the Mayor's Council fulfill its role and mission during your time on the Mayor's Council?

I have agreed to serve on the Mayor's Council because I believe in the mission of better health, fitness and nutrition for all. I recently suffered a catastrophic illness followed by a long recovery period. I learned that part of the reason for the onset – was that I was not being mindful of my health and nutrition needs. I will be an example of a person who is making changes, who is in tune with her body and who can share her experiences.

16. Please discuss any past and present experiences not already mentioned that you believe are relevant to support your appointment as a member of the Mayor's Council.

I would be honored to serve on the Mayor's Council. I am a very resourceful person and believe that I possess the interest, skills and

At the July 2nd roundtable, you will be asked to make an opening statement indicating your interest in serving as a member of the Mayor's Council. The testimony of persons interested in supporting your nomination is helpful but not necessary. Interested parties may call the Committee office to register to testify (724-8196) or, alternatively, may submit written comments to the Committee regarding your nomination via letter mail or e-mail (COW@dccouncil.us).

If you have any questions please do not hesitate to call me or Peter Johnson on my staff at (202) 724-8083.

Sincerely,

Phil Mendelson
Chairman

enc.

PM/pj

**Testimony of Rosalyn Overstreet Gonzalez
In Support of PR 23-400, Mayor's Council on Physical Fitness, Health, and Nutrition
Tuesday, July 2, 2019
11:00 a.m., Hearing Room 412
John A. Wilson Building
1350 Pennsylvania Avenue, NW
Washington, DC 20004**

I am before you today, honored to be considered for a position on the Mayor's Council on Physical Fitness, Health and Nutrition in support of DC Council Legislation - PR 23-400. Thank you Chairman Mendelson for nominating me.

I have a deep connection to the Washington, DC community and am committed to further educating and enlightening myself and the citizens of the District of Columbia on the benefits of health, wellness and physical fitness.

One year ago – I suffered a catastrophic illness – resulting in emergency, life saving surgery and a months long recovery. My illness was a direct result of not being in tune with my body, my family history and my health needs. I have now been back in the workforce for 6.5 months after recovering at home for seven months. As such, I have a renewed sense of concern for my own wellness. I have connected with a health and wellness coach and nutritionist – and I intend to chronicle my progress, struggles and ultimately my victories. I intend to lead by example.

Professionally, I am a practicing public defender and not surprisingly, I have seen first hand, the detrimental outcomes of the lives of those, who lack adequate information on nutrition and fitness. The end result is a community of people, who do not live their best and most healthy lives. I want to be part of the efforts to change this trajectory.

As I noted earlier, I am very connected to the Washington, DC community. I currently serve as Chair of the DC State Athletics Commission and I work diligently with other concerned citizens to support the academics, health, athletics and wellness of DC student athletes. I would like to do the same in a broader context that considers every resident of the city and if confirmed as a member of the Commission, that will be my primary focus.

Again, I thank you for considering me as a member of the Commission. If it would be a privilege to serve along side others to help to create strategies and meaningful tools that will allow all residents of the District of Columbia to better focus on their own health, nutrition literacy, physical fitness and wellness.

1 **DRAFT COMMITTEE PRINT**
2 Committee of the Whole
3 September 17, 2019
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6
7 A PROPOSED RESOLUTION

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9 23-400
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12 IN THE COUNCIL OF THE DISTRICT OF COLUMBIA
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14 _____
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16 To appoint Ms. Rosalyn Overstreet Gonzalez to the Mayor’s Council on Physical Fitness,
17 Health, and Nutrition.
18

19 RESOLVED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
20 resolution may be cited as the “Mayor’s Council on Physical Fitness, Health, and Nutrition
21 Rosalyn Overstreet Gonzalez Appointment Resolution of 2019”.

22 Sec. 2. The Council of the District of Columbia appoints:

23 Rosalyn Overstreet Gonzalez
24 Clifton Street, N.W.
25 Washington, DC 20009
26 (Ward 1)
27

28 as a member of the Mayor’s Council on Physical Fitness, Health, and Nutrition, established by
29 section 2 of the Mayor’s Council on Physical Fitness, Health, and Nutrition Establishment Act of
30 2011, effective December 2, 2011 (D.C. Law 19-58; D.C. Official Code § 7-121), to serve for a
31 term ending three years after the effective date of this resolution.

32 Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
33 upon its adoption, to the appointee, the chairperson of the Mayor’s Council, and to the Office of
34 the Mayor.

35 Sec. 4. This resolution shall take effect immediately upon the first date of publication in
36 the District of Columbia Register.